



CREATIVE CUISINE FOR EXTRAORDINARY EVENTS

CORPORATE HEART HEALTHY A LA CARTE BUFFET

Each Buffet Includes

Encore Bread Basket, One Salad & Two Accompaniments, One Dessert, Assorted Sodas, Bottled Water, & Ice

Salad Selections

Select One:

Caesar Salad

romaine | shaved parmesan cheese | homemade croutons

Greek Salad

romaine | mesclun | kalamata olives | cucumber | tomato | feta |
red & yellow peppers | lemon herb dressing

Garden Salad

fresh seasonal vegetables | mixed greens | balsamic or raspberry dressing

Baby Spinach Salad

pear | goat cheese | mango | dried cranberries | raspberry vinaigrette

Chopped Southwestern Caesar Salad

roasted corn | black beans | red peppers | tortilla strips | cilantro dressing

Chopped Italian Salad

romaine | mesclun | mozzarella | black olives | roasted peppers |
sun-dried tomatoes | balsamic vinaigrette

Chopped Hawaiian Salad

kale | frisee | radicchio | strawberries | mango | macadamia nuts | banana
bread croutons | white strawberry balsamic vinaigrette

Market Salad

arugula | mesclun | radicchio | avocado | tomato | cucumber | crispy
potato threads | shaved parmesan | guacamole vinaigrette

Tuscan Salad

arugula | radicchio | iceberg | mozzarella | green olives | sun-dried
tomatoes | celery | cucumber | roasted peppers | red wine oregano
vinaigrette

Kale Caesar

kale | fried parmesan chick peas | croutons | peppercorn parmesan
dressing

Kale Quinoa Salad

quinoa | kale | olive oil | dill | cilantro | red onion | crumbled feta |
lemon mustard vinaigrette

- Entrees
Select One:
- 27 Soy-Glazed Salmon
grilled baby bok choy | ginger broth
 - 29 Pan Roasted Shrimp Scampi
cherry tomatoes | kale | mediterranean cous cous
 - 27 Grilled Flank Steak
pizzaioli style potatoes | tomatoes | green beans
 - 28 Roasted Pork Loin
sautéed apples | spicy jelly
 - 20 Whole Wheat Penne
white beans | broccoli | tomatoes | julienned chicken | spicy chicken broth
 - 24 Grilled Chicken Piccata
broccoli rabe | sundried tomatoes
 - 20 Curried Butternut Squash Stew with Jasmine Rice
Stewed Italian Greens
 - 17 escarole | chicory | spinach | stewed plum tomatoes | crusty italian bread
 - 23 Chicken Scarpariello
olive oil | parsley | garlic & lemon

- Entree
Accompaniments
Select two:
- Maple Roasted Sweet Potato Wedges
 - Cauliflower Fried Rice
 - Quinoa
roasted carrots | mint parsley gremolata
 - Farro
green beans | olives | cherry tomatoes
 - Roasted Spicy Cauliflower
 - Sautéed Escarole and Beans
 - Ratatouille
 - Braised Collard Greens and Butternut Squash
 - Parmesan Green Beans
kale | cremini mushrooms

- Desserts
Select One:
- Quinoa Granola Bars
 - Fresh Fruit Platter
 - Assorted Biscotti

DELIVERY FEE

**PLEASE NOTE: INGREDIENTS ARE NOT ALL-INCLUSIVE.
PLEASE CONTACT US REGARDING ANY POSSIBLE FOOD ALLERGIES.**